



Ears & noses

EQUIPMENT

None.

DESCRIPTION

NOTE: It is advisable for the teacher to practice this activity in advance - unless you enjoy making a fool of yourself!

BEFORE

Students will find it easier to understand this activity being described if they are confident at identifying LEFT and RIGHT. However, even students who are not confident can participate by watching the activity demonstrated.

NOTE: Students who wear glasses are advised to remove them before this activity. Students wearing ear-rings should also be cautioned.

NOTE: Although this is a fun activity, students should be reminded of the need to be sensible.

The activity is difficult to describe - but a lot easier to demonstrate and to do (assuming you have practiced).

AFTER



BrainBites "[Heads and Turns](#)" is another simple physical co-ordination activity.

See also the **BrainBites** activities "[Twos and threes](#)", "[Alphabet stretch](#)" and "[Body pegs](#)"

- Hold onto the tip of your NOSE with your LEFT HAND.
- Hold onto the lobe of your LEFT EAR with your RIGHT HAND.
- NOW SWAP so that you end up holding the tip of your nose with your RIGHT HAND and holding the lobe of your RIGHT EAR with your LEFT HAND. (Hands will cross and un-cross as you do this.)

Practice until you can do this confidently in *both directions*

How many swaps can you do in 30 seconds? (You could set up an informal competition.)

							
LOGICAL	MUSICAL	INTRA-PERS.	PHYSICAL	LINGUISTIC	INTER-PERS.	NATURALIST	VISUAL