



Crossover march

EQUIPMENT

None

BEFORE

It is helpful (but not essential) if students are familiar with "[Crossovers](#)"

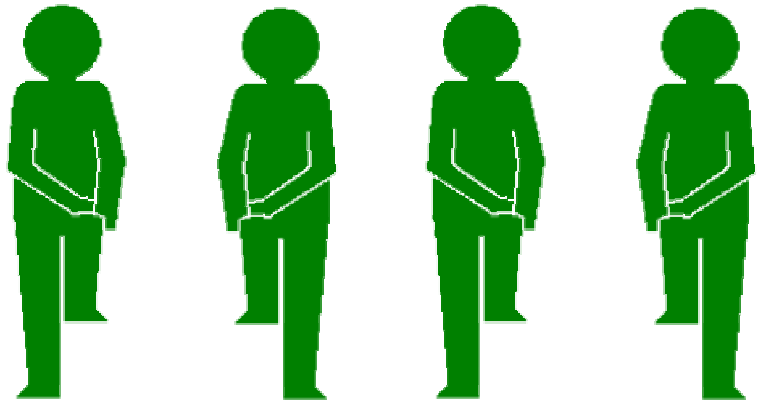
AFTER

See also:
["Clap-partners"](#)
["Cross-kicker"](#)
["Double-cross"](#)
["Crossover clappity"](#)
["Ears and noses"](#)
["Heads and Tums"](#)
["Twos and threes"](#)

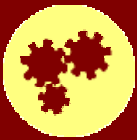
DESCRIPTION

Students stand for this activity and will need a little space.

Start by marching at a steady speed, lifting knees high. Once the rhythm is established, students tap their lifted knees with the opposite hand. (Right hand to left knee - left hand to right knee - etc.)



This activity can be performed as the background to students reciting multiplication tables.



LOGICAL



MUSICAL

INTRA-PERS.



PHYSICAL

LINGUISTIC

INTER-PERS.

NATURALIST



VISUAL