



Cross-kicker

EQUIPMENT

None

BEFORE

It is helpful (but not essential) if students are familiar with "[Crossovers](#)"

AFTER

See also:

- "[Clap-partners](#)"
- "[Crossover march](#)"
- "[Double-cross](#)"
- "[Crossover clappity](#)"
- "[Ears and noses](#)"
- "[Heads and Tums](#)"
- "[Twos and threes](#)"

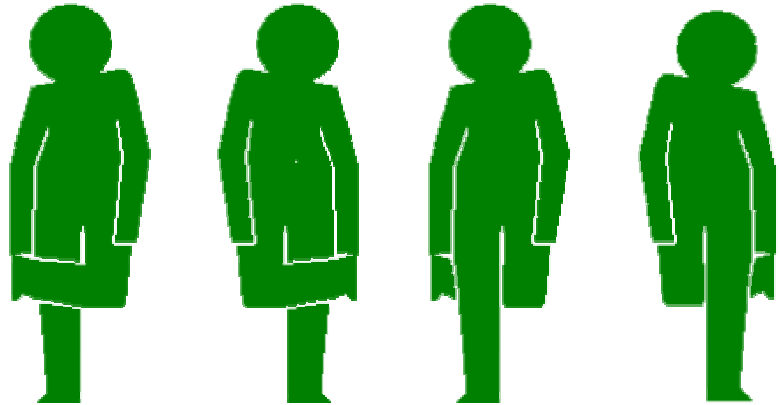
DESCRIPTION

Students stand for this activity and will need a little space.

Moving to a steady rhythm,

- students cross their left foot in front of their right leg and tap the ankle with their right hand;
- students cross their right foot in front of their left leg and tap the ankle with their left hand;
- students cross their left foot behind their right leg and tap the ankle with their right hand;
- students cross their right foot behind their left leg and tap the ankle with their left hand;

and repeat



This activity can be performed as the background to students counting up in multiples of 2, 3, 4, 5,....



LOGICAL



MUSICAL

INTRA-PERS.



PHYSICAL

LINGUISTIC

INTER-PERS.

NATURALIST



VISUAL